

## 2020 Jason Shephard Invitational Results

### Boys 3K

<u>Place</u>	<u>Name</u>	<u>School</u>	<u>Time</u>
1	Owen Johnson	N. Cass	11:58.09
2	Trey Husar	N. Cass	12:13.44
3	Eli Robinson	Minto	13:07.28
4	Ezra Robinson	Minto	13:12.97
5	Kartheek Chapara	LAEM	13:18.38
6	David Jelinek	Grafton	13:23.18
7	James Winterquist	N. Cass	13:39.97
8	Jace Steinberger	N. Cass	14:03.00
9	Joey Carr	MPCG	14:07.56
10	Anders Hovedenes	N. Cass	14:19.00
11	Edward Freer	LAEM	14:51.50
12	Ethan Young	HNL	15:29.62
13	Damien Haisley	N. Cass	16:08.31
14	Cooper Handly	HNL	16:10.81
15	Tyler Iwen	N. Cass	16:11.87
16	Daimen Jackson	HNL	16:35.50
17	Alex Sillers	Grafton	17:55.88
18	Bjorn Evenson	PCN	17:58.59
19	Jaxen Rademacher	LAEM	19:57.75

### Team Results:

<u>Place</u>	<u>Team Results</u>	
1st	N. Cass	28
2nd	Minto	70
3rd	LAEM	76
4th	HNL	83
5th	Grafton	86
6th	MPCG	95
7th	PCN	104

## 2020 Jason Shephard Invitational Results

### Girls 3K

<u>Place</u>	<u>Name</u>	<u>School</u>	<u>Time</u>
1	Gabi Ray	Grafton	13:18.44
2	Paige Suda	Grafton	13:46.03
3	Stephanie Narloch	Grafton	14:09.25
4	Aubry Houle	Rolla	14:58.38
5	Kalista Scharck	MPCG	15:14.00
6	Kathleen Kerian	Grafton	15:38.59
7	Chloe Hall	N. Cass	15:39.44
8	Sara Jensen	PCN	15:41.03
9	Isabelle Woinarwicz	Grafton	15:43.53
10	Maddy Robinson	PCN	15:49.75
11	Allisyn Tollefson	PCN	16:02.62
12	Marieda Kalahar	PCN	16:13.84
13	Rachel Schadler	HNL	16:36.44
14	Hayley Haug	N. Cass	16:48.44
15	Georgia Evenson	PCN	16:59.53
16	Katelyn Kuster	Thompson	17:00.43
17	Edith Kemp	PCN	17:22.81
18	Grace Cooper	Thompson	18:00.18

### Team Results:

<u>Place</u>	<u>Team Results</u>	
1st	Grafton	21
2nd	PCN	56
3rd	N. Cass	81
4th	Rolla	86
5th	MPCG	87
6th	Thompson	94
7th	HNL	95

## 2020 Jason Shephard Invitational Results

### Girls 5K

<u>Place</u>	<u>Name</u>	<u>School</u>	<u>Time</u>				
1	Brooklyn Bartsch	Rugby	19:58.15	42	Crosby Patterson	Thompson	25:13.94
2	Jenna Soine	HNL	20:17.58	43	Madison Anderson	MPCG	25:16.81
3	Ellen Gregoire	HNL	20:23.18	44	Trinity Parsons	Grafton	25:20.31
4	Amelia Shepard	Rugby	20:52.22	45	Summer Moberg	Grafton	25:31.91
5	Quinn Neppl	Rugby	21:00.09	46	Mikenzie McCloud	Dunseith	25:22.62
6	Paige Goodsell	Minto	21:09.84	47	Carissa Mueller	MPCG	25:23.81
7	Carlee Seiben	Grafton	21:14.31	48	Skylar Johnson	N. Cass	25:35.66
8	Tatum Mehus	MPCG	21:17.00	49	Delaney Denault	PCN	25:40.75
9	Hannah Senechal	Rugby	22:06.50	50	Mya Geisinger	Rugby	25:51.18
10	Anna Strand	MPCG	22:13.94	51	Mya McNeff	Rugby	25:52.56
11	Kaela Schultz	Thompson	22:44.84	52	Sarah Mager	Thompson	25:57.62
12	Grace Ray	Grafton	22:47.88	53	Julia Presteng	Grafton	25:58.02
13	Sara Schmaltz	Rugby	22:51.59	54	Jordan Senger	Thompson	26:14.03
14	Emma Cullen	Thompson	22:54.34	55	Kennley Davis	Dunseith	26:27.62
15	Jaclyn Duchscher	Rugby	23:03.25	56	Faith Krebs	Thompson	26:28.12
16	Kendyl Hager	Rugby	23:05.5	57	Quinn Walker	Rugby	26:30.03
17	Ashlyn Dibble	Rugby	23:13.28	58	Josie Ostrem	HNL	26:34.97
18	Cassie Seiben	Grafton	23:15.03	59	Jesse Wolf	Rugby	26:35.31
19	Aubrey Tompkins	Grafton	23:22.22	60	Sophie Oppen	Rugby	26:37.28
20	Airial Johnson	N. Cass	23:24.38	61	Alexis Morowski	MPCG	26:46.06
21	Graesen Helgoe	PCN	23:26.78	62	Allie Ostlie	Grafton	27:07.47
22	Kayla Knudsvig	MPCG	23:33.78	63	Reese Gullickson	Rugby	27:50.00
23	McKinley Moen	HNL	23:38.44	64	Lexi Herrera	Thompson	27:53.41
24	Kate Sillers	LAEM	23:42.78	65	Brightley Allred	PCN	28:58.44
25	Jezimay Watson	PCN	23:45.56	66	Josie Schultz	Thompson	29:07.15
26	Eva Robinson	PCN	23:46.02	67	Jo Evenson	PCN	29:24.62
27	Mikaylee Livedalen	Rugby	23:47.75	68	Ava Anderson	Thompson	29:39.06
28	Kinsey Arnston	Rugby	23:48.00	69	Ila Peterson	MPCG	29:59.41
29	Lauren Soine	HNL	24:02.18	70	Ava Wurgler	Rugby	31:01.78
30	Sophia Johnson	MPCG	24:07.84	Team Results			
31	Rylie Suchor	Rugby	24:10.82	<u>Place</u>	<u>Team Results</u>		
32	Morgan Verke	HNL	24:22.88	1st	Rugby	32	
33	Jane Sillers	LAEM	24:26.59	2nd	HNL	89	
34	Samantha Bosch	N. Cass	24:32.12	3rd	Grafton	92	
35	Isabell Parker	MPCG	24:49.84	4th	MPCG	105	
36	Grace Narloch	Grafton	24:53.41	5th	Thompson	157	
37	Alexa Schneider	LAEM	24:56.72	6th	PCN	161	
38	Liz Cullen	Thompson	24:57.91	7th	N. Cass	214	
39	Rylah Hager	Rugby	25:00.94	8th	LAEM	237	
40	Rylen Burgess	PCN	25:03.09	9th	Minto	296	
41	Angela Brayton	N. Cass	25:05.31	10th	Dunseith	317	

## 2020 Jason Shephard Invitational Results

### Boys 5K

<u>Place</u>	<u>Name</u>	<u>School</u>	<u>Time</u>
1	Austin Dibble	Rugby	18:06.88
2	Ethan Suda	Grafton	18:14.88
3	Tanner Lundwall Mason	MPCG	18:17.22
4	Christianson	LAEM	18:40.18
5	Jack Kern	Grafton	18:48.41
6	Luke Mager	Thompson	18:50.38
7	Benjamin Rowan	Thompson	19:04.91
8	Reese Nygaard	Thompson	19:23.88
9	Kade Palmer	MPCG	19:40.97
10	Corben House	Dunseith	19:45.94
11	Aydin Jackson	HNL	19:47.91
12	Caleb Dorman	HNL	19:55.41
13	Brock Freer	LAEM	20:05.69
14	Jacob Thiefoe	Dunseith	20:15.66
15	Shawn Klabo	MPCG	20:21.25
16	Carter Garrett	MPCG	20:33.62
17	Jenner Johnson	Rugby	20:35.56
18	Marc Romo	Grafton	20:37.28
19	Jacob Degeldre	Grafton	20:47.38
20	Mathias Brien	Rolla	20:48.59
21	Wren Jelinek	Grafton	20:54.41
22	Connor Klein	Rugby	21:02.72
23	Seth Sondeland	PCN	21:03.62
24	Andrew Duchscher	Rugby	21:14.88
25	Zack Fultz	HNL	21:18.47
26	Noah Helgoe	PCN	21:29.15
27	Riley Suda	Grafton	21:36.91
28	Isaiah Dominguez	Grafton	21:39.47
29	Kristian Fritz	Rugby	21:40.69
30	Spencer Boe	HNL	21:44.28
31	Tucker Regner	LAEM	22:02.47
32	Oliver Marquardt	MPCG	22:05.78
33	Cullen Patterson	Thompson	22:12.53
34	Ridley Odden	Rugby	22:43.81
35	Russell McLean	HNL	23:06.41
36	Caleb Hetler	LAEM	23:10.97
37	Isaiah Palmer	MPCG	23:26.22
38	Bryce Kringstad	Grafton	23:26.75
39	Owen Crosby	PCN	23:42.78
40	Adam Bina	HNL	23:43.43

41	Maxwell Dumas	Grafton	24:00.91
42	Brendan Erickson	Grafton	24:02.81
43	Maddex Kirchofner	Rugby	24:04.81
44	Cyrus Kendall	PCN	24:11.91
45	Joe Rodriquez	Grafton	25:31.69
46	Gunder Kemp	PCN	25:36.31
47	Wyatt Oppen	Rugby	25:43.22
48	Luke Rowan	Thompson	25:50.66

### Team Results

<u>Place</u>	<u>Team Results</u>
1st	Grafton 65
2nd	MPCG 75
3rd	Rugby 93
4th	Thompson 102
5th	HNL 113
6th	LaEM 133
7th	Dunseith 174
8th	PCN 178
9th	Rolla 222